



Recommended Medications on the Morning of Procedure

Speak with our staff prior to your surgery.

1. Diabetes

- Insulin-dependent patients are to be NPO after midnight on the day of surgery
- Diabetic patients on insulin should inject only HALF of their usual morning dose on NPH, ultralente, or lantus insulin on the morning of surgery UNLESS their morning blood sugar runs low (<100), in which they should not inject any insulin on the morning of surgery. NO regular, 70/30 or humalog/lispro should be injected by the patient that morning.
- Some diabetics use just a single daily dose of NPH, ultralente, or lantus insulin in the evening. For this patient, only the ultralente or lantus dose should be HALF on the evening before surgery, but NPH dose is the SAME due to shorter duration of action.
- Oral agents – do not take AM dose on day of procedure

2. Cardiac / Heart Patient

- Anticoagulants (Coumadin) and Aspirin patients – follow physician's instructions
- All cardiac medications including anti-hypertensive and arrhythmia medications – all blood pressure medications are to be taken on the day of the procedure with a sip of water EXCEPT diuretics which are NOT to be taken
- Potassium Chloride – am dose with sip of water
- Anti-anginals (nitrates, beta blockers), Calcium channel blockers are to be taken in AM with sip of water
- Nitro (topical) to be applied as per patient's routine
- Digoxin – to be taken with sip of water on day of procedure

3. Pulmonary Patient

- Medications to be taken with sip of water on day of procedure
- Inhalers – to be used per patient's routine and brought with the patient on day of procedure

4. Patients on Steroids

- Take AM dose with sip of water

5. Patients on Psychotropic Medications

- Anti-depressants – hold medication
- Stimulants – hold medication
- MAO inhibitors – hold medication

6. Thyroid Disease

- Take AM dose with sip of water (Synthroid, Levothyroxine, etc)

7. Seizure Disorder

- Take AM dose with sip of water (Dilantin, etc)

8. Chronic Pain

- Take AM dose with sip of water if any of these medications are taken chronically or daily: Methadone, MS Contin, Dilaudid, and Benzodiazepines (such as Valium, Activan, Xanax)
- Patient should leave on narcotic patches (such as Duragesic) if used daily

9. Antiparkinsons Medication

- Take AM dose with sip of water (Sinemet, Carbidopa, Levodopa, etc)

10. MAOI

- Monoamine Oxidase Inhibitors (MAOI) are a significant concern for surgery and/or anesthesia
- These are uncommonly used antidepressants, including Pargyline (Eutonyl) Phenelzine (Nardil), Parnate, and Marplan.