



Post Operative Anesthesia Instructions

Should you have a Life Threatening Emergency after your procedure, please activate your local emergency response call an Ambulance, Dial 911 immediately.

Nausea or vomiting may be related to anesthesia, the type of surgical procedure or postoperative pain medications. Although less of a problem today because of improved anesthetic agents and techniques, these side effects continue to occur for some patients. Most patients are given an antiemetic to help decrease the incidence of nausea and vomiting. Most cases are quickly self-limiting. If these problems persist, please contact either your surgeon or anesthesia provider for further instructions.

Patients often experience drowsiness and minor after effects following anesthesia, including muscle aches, sore throat and occasional dizziness or headaches. These side effects usually decline rapidly in the hours following surgery and anesthesia, but might persist for several days before they are gone completely. The majority of patients do not feel up to their typical activities the next day, usually due to general tiredness or surgical discomfort. Plan to take it easy for a few days, until you feel back to normal. Know that a period of recovery at home is common and to be expected.

Activity Level: plan to be 'foggy' for up to 24 hours following your anesthetic. Pain medications may make you drowsy and unable to concentrate. Activities such as driving, operating machinery or making complex decisions are highly inadvisable for the first 24 hours after your anesthetic. It is strongly advised that you have someone stay with you during the first 24 hours after your anesthetic.

Should you have any Questions whatsoever, you may call the office or anesthesia provider.

Your Anesthesia provider: _____

He/She may be contacted directly at: _____

*Premier Surgery Center of Pittsburgh
14000 Perry Highway, Suite 100
Wexford, PA 15090
724-933-3900*